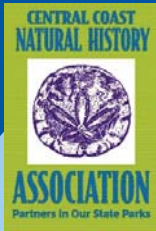


Central Coast Natural History Association
presents:



“Cruisin’ The Pacific Coast – Naturally”

September 19, 2009
8 Days



Keynote Speaker, Jim Covell, President of the National
Association for Interpretation

For more information please contact
Mary Golden, 805.528.1397 or mgoldenccnha@gmail.com

Central Coast Natural History Association presents:

“Pacific Coastal Cruise”

Departing September 19, 2009



TOUR FEATURES

ITINERARY AT A GLANCE:

Sat- Day 1 Flight to Vancouver
Sun- Day 2 Vancouver
Mon- Day 3 Victoria
Tues- Day 4 Astoria
Wed- Day 5 Day At Sea
Thur- Day 6 San Francisco
Fri- Day 7 Day at Sea
Sat- Day 8 Los Angeles - Home

HIGHLIGHTS:

- Vancouver Aquarium • Royal British Columbia Museum • Goldstream Provincial Park • Fort Clatsop • Marine Mammal Center • Cape Disappointment • Academy of Science • Special evening presentations

MEALS:

- Features breakfast in Vancouver and all meals aboard cruise ship.

PRICING:

- Inside Cabin - \$1519
- Outside Cabin - \$1719
- Balcony Cabin - \$2119

TRAVEL INCLUSIONS:

- Air transportation from San Francisco
- Personal airport VIP greeting and check-in service
- Roundtrip transportation from Morro Bay. *
- All transfers and luggage handling between airports and hotel
- Exclusive Natural History shore excursions throughout itinerary. *
- Pre-departure orientation and travel documents
- All tips and taxes for included services, except airport departure taxes, fuel surcharges, tips to drivers and guides and shipboard personnel

* If group falls below 30 passengers a small supplement could apply

The only Natural History Cruise of its kind with unique shore excursions and a variety of lectures by expert naturalists including Jim Covel, President of the National Association for Interpretation. In addition, we will also offer digital photography workshops, and weather permitting, evening onboard astronomy programs. This is the perfect cruise for birders, photographers, and anyone interested in the natural world.

Saturday, Day 1: Vancouver

Board your luxury motorcoach in Morro Bay and travel to San Francisco for a nonstop flight to Vancouver, a multicultural city set in a spectacular natural environment. Settle into your hotel and attend a no-host reception to meet fellow travelers and begin our adventure.

Sunday, Day 2: Vancouver

Today we will visit the Vancouver Aquarium, the largest aquarium in Canada. Afterwards we will have a city tour on our way to board your cruise ship, “The Norwegian Star”. Evening digital photography workshop. (B,D)

Monday, Day 3: Victoria

We will tour the city en route to the Royal British Columbia Museum which includes the Natural History Gallery. This museum also contains an IMAX theatre. In the afternoon, we will visit Goldstream Provincial Park known for its annual salmon run and large numbers of bald eagles – a perfect place for birders and photographers. If you choose, hike to spectacular Niagra Falls. Evening lecture by Rouvaishyana, California State Park Interpretive Specialist. (B,D)



FORT CLATSOP - ASTORIA, BC

Tuesday, Day 4: Astoria

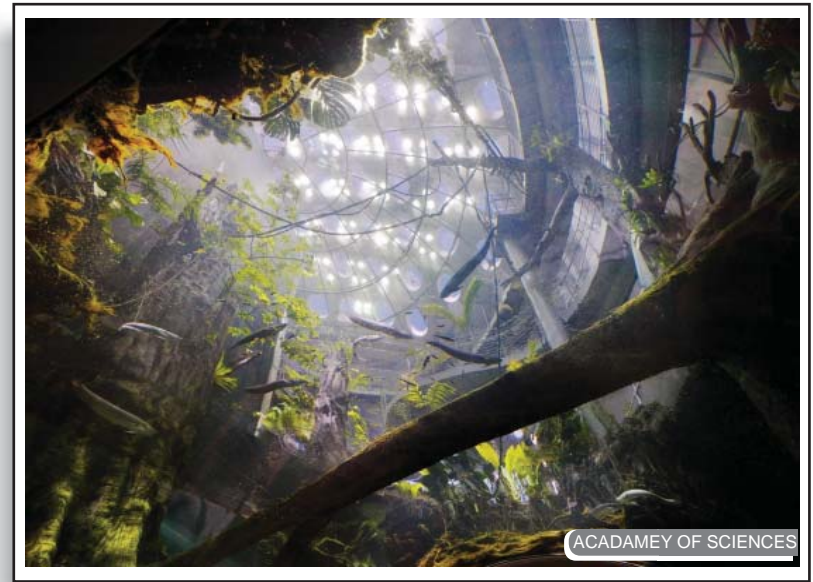
Lewis and Clark and the Corps of Discovery spent the winter of 1805-06 near the mouth of the Columbia River. We will tour a replica of the fort, the museum and also learn about Native American cultures. In the afternoon, we will cross the Columbia River and discover Cape Disappointment full of hiking trails, birds and a national Lewis & Clark interpretative center. Evening Film, "In Light of Reverence," explains Native American viewpoints of nature and spirituality. (B,D)

Wednesday, Day 5: At Sea

Today will be spend at sea cruise the picturesque Pacific. There area a myriad of activities to enjoy aboard "The Norewegian Star" including two lectures by Jim Covell. Evening digital photography workshop. (B,L,D)

Thursday, Day 6: San Francisco

We will visit the marine Mammal Center, a private nonprofit dedicated to the rescue,



rehabilitation, environmental research and education of marine mammals. We will also have a special lecture by one of their experts. In the afternoon we will visit the Academy of Sciences in Golden Gate Park which is one of the largest natural history museums in the world. Evening lecture by Rouvaishyana, California State

Park Interpretive Specialist. (B,D)

Friday, Day 7: At Sea

Another day aboard your magnificent floating hotel featuring two more lectures with Jim Covell, a final dinner with your fellow traveling companions, and evening entertainment. (B,L,D)

Saturday, Day 8: Los Angeles

Disembark the Norwegian Star and travel by luxury motorcoach back to Morro Bay. (B)

Meet our Keynote Speaker Jim Covell:

Jim Covell is the Manager of Guest Experience Training and Interpretation at the Monterey Bay Aquarium. In his 22 years Aquarium, he has guided staff and introduced people of all ages to the beauty of Monterey Bay. He is responsible for 600 staff and volunteers who are the bearers of ocean conservation messages. He is the Monterey Bay National Marine Sanctuary's 2008 Educator of the Year and he also the President of the National Association for Interpretation – a nonprofit dedicated to the promotion of excellence in interpretation with over 5,000 members in 34 countries. Jim has worked with the National Park Service and California State Parks to develop and manage interpretative and education programs. Prior to the aquarium, Jim was on teaching staff at UC Davis and CSU Sacramento.

For more information
please contact
Mary Golden,
805.528.1397 or
mgoldenccnha@
gmail.com

----- **Reservation Form** -----

Return to:

SST Tours

Your Name as it appears on your passport

Mail to:

SST Tours

1300 E. Shaw Ave.

Suite 127

Fresno, CA 93710

(559) 244-6600

Roommate/Spouse passport name or write "Single Room"

Address

City, State, Zip

Area code & daytime phone number

E-mail Address

Make check payable to:

SST Tours

Signature

CruiseCCNHA091909



Please cut along dotted line



Payments: A \$450 per person deposit check will be needed now in order to hold your space on the trip. Your payment schedule will be mailed to you with your final payment due on 100 days before departure.

Protection Plan: Cancellation protection plan as well as health and luggage protection plan is **not** included. To purchase insurance, please enclose additional premium as noted to your deposit.

****Rate:** Inside cabin is \$1519 per person double occupancy. Outside cabin is \$1719 per person double occupancy. Balcony cabin is \$2119 per person double occupancy. Single supplement is an additional \$600 for an inside cabin. Tour cost is based upon the 2009 discounted rates for cash or check payments. Supplement could apply for 2010 increases. To insure that you get the best value for your money and avoid additional charges that increase the cost of your tour, we do not currently accept credit cards for final payment. Inquire about future usage. *Exclusive Natural History shore excursions throughout itinerary if 30 participants sign up for cruise.

****Complimentary Pickup:** Roundtrip transportation from Morro Bay if 20 participants sign up.

Refunds: Cancel more than 120 days for any reason, you will be issued a **full refund** less \$200 each. Cancel 120 days to 91 days and receive a refund less \$450 per person. Cancel 89 to 60 days and receive a refund of 50% of the total price, after 59 days a 100% charge of total trip cost. Refund protection is not included, but strongly suggested and available. Written cancellation required and is effective when received by SST Tours during normal business hours.

****Note:** Valid U.S. passport required with six months of validity after the scheduled return date. Singles limited. Complimentary pickup from group location is available only on the group's departure and return dates (based on a minimum of 20 members. Taxes, charges, and other fees are presently **\$259**. Passport, tips to guides, airline luggage fees, visas and other items of a personal nature are not included. Order of events, flights, hotels, taxes, charges, fees and fuel charges are subject to change.

*** If group falls below 30 passengers a small supplement could apply.**

This trip is arranged by SST Tours (SST). It has made the travel arrangements as agent for the transportation carriers & other suppliers (SUPS) of services connected with the tour, all of which are independent contractors. SST in no way owns or operates the vehicles or facilities to be used during the trip, & does not guarantee or assume responsibility for the acts &/or omissions of SUPS, their employees, agents, etc. All bookings are accepted subject to the conditions imposed by SUPS & SST, including airline, cruise line, rail, coach, hotel, restaurants, insurance, & other companies, firms or persons concerned with the trip, & SST will make no refund in the event of their delay, cancellations, overbooking, strike, force majeure or for elements of the package not used by customer. If there is a difference between SST conditions & those published by a SUPS, the higher cost conditions shall apply. SST reserves the right to cancel a trip, change the itinerary, airline, hotel or adjust rates whenever in its sole judgment conditions warrant, or if SST deems it necessary for your comfort, convenience or safety. Currency, taxes, fees & fuel surcharges are subject to change. Trips outside the USA require a valid U.S. passport. You are responsible for, & release SST from passport, visa, vaccination requirements, & safety conditions in travel destinations. SST strongly recommends you purchase appropriate cancellation/medical/baggage insurance for the trip which is available from SST. For medical information, call the U.S. Public Health Service at 301-443-2403, & for U.S. State Department travel advisories, 202-647-5225. SST reserves the right to decline to accept any person as a member of the tour, or to require any participant to withdraw from the trip at any time who presents a significant risk to the health & safety of themselves or others which cannot be eliminated or reduced to an acceptable level by SST's reasonable accommodation. SST reserves the right to correct an error in advertised price prior to your departure. A contract is made when your reservation & payment are accepted by SST at its offices & any dispute shall be governed by CA law & subject to the jurisdiction of Fresno County, CA. SST is a DBA of Superior Senior Tours Incorporated. In calculating the cost of your trip, SST has relied on your consent to these terms & in the absence of this release, the trip cost would have been higher. SST reserves the right to cancel a tour prior to departure, & in such cases all payments made will be refunded & shall constitute full settlement. Trip based on currency exchange rate based on date of pricing and is subject to change if the USD weakens. CST #2008750-10